

Moroni's Quest Clothing Requirements, Ideas, and Patterns



Overview:

All Moroni's Quest participants should dress in Book of Mormon-type clothing at all times. This includes all youth, tribe leaders, cooks, camp directors, bishops, and any others who visit the camp. Each person attending the events will need two time-period appropriate outfits. Clothing should be simple and inexpensive. Be resourceful. Where possible, use or reuse items you already have. Youth, with the help of their parents and leaders, and all adults attending are responsible to create their own costumes.

Clothing Specifications:

- **Tunics:** Tunics should be 2-3 inches below the knee, have a capped sleeve or longer, and be a tunic, dress, or shirt/skirt combo. (YM included)
 - Tunics should be large enough to be worn over regular clothing (t-shirt and knee-length shorts/pants) and loose enough to allow for movement.
 - Choose patterns and earth tone colors that are true to Book of Mormon time period; no bright neons or rainbow prints.
 - Be mindful of hot outside temperatures - make clothing out of materials that are as lightweight as possible and from breathable fabrics.
 - Material ideas: Shop thrift stores for oversized scrub tops and then add trims, tassels, add fabric for a wrap at the waist. Twin sheets or inexpensive light weight fabric can be used to make a tunic and then add trims to embellish.

- **Head Gear:** Head gear including scarves, hats, etc. are allowed and strongly encouraged to protect you from the sun.
- **Embellishments:** Armbands, headbands, belts, tassels, drapes, vests, ankle and calf ornaments, collars, shoulder shawls, and jewelry can be added to make your apparel unique.
- **Knee-length Shorts:** Shorts should be worn under all Nephite attire at all times. Bring at least two pairs of shorts. It will be hot so keep that in mind if you choose to wear pants. Be sure they are lightweight and breathable. No short shorts please..
- **T-shirts:** T-shirts or other types of lightweight tops should be worn under tunics that are open on the sides or neckline. Bring at least two t-shirts. No tank tops, sleeveless, or camis please.
- **Shoes:** Two pairs of comfortable shoes. No sandals or flip-flops unless worn in the shower or during free time at the river.
- **Restrictions:** No tank tops/sleeveless, camis, personal jewelry, flip-flops/sandals (can be used shower and the river only), modern fabrics such as pink leopard, camo, floral prints, rainbow, etc., temporary tattoos, or skin or face painting.

Stake Clothing Specialists:

- If you have questions about clothing, please reach out to your ward leaders or our Stake clothing specialists. They will be able to assist with ideas or guidance as you create your outfits.
 - Becky Seewer: (541) 571-5674
 - Cindy Jorgensen: (541) 571-2953
 - Jodi Blake: (541) 571-2102

Stake Youth Activity:

- Saturday, March 15th at 9:00 a.m. at the Stake Center
- We will be making personalized outfit embellishments, necklaces, head gear, etc. to go with your tunics. If you have questions or need assistance with your outfit, we will be available to help on this day.



Tunic Instructions

All participants are required to wear Book of Mormon type clothing at all times during the event. Please choose earth color tones and patterns that are true to this time period. Please do not wear modern fabric prints including pink leopard, camo, floral prints, bright neon colors, rainbow, etc.

Fabric suggestions:

- Twin size sheets (two average-size tunics can be made from one twin-size flat sheet.)
- 45 inch wide cotton or cotton blend fabric
- Use solid or striped earth tones

Instructions:

1. **Prepare fabric:** wash and dry the fabric and iron if necessary
2. **Measure and cut fabric:**
 - For the length, measure yourself from the top of your shoulder to your mid-knee and add 2 inches.
 - For the width, measure your chest or hip (whichever is largest). Divide the measurement in half and add about 7 inches. It is okay to have extra inches to keep your outfit comfortable and then the looseness can be fixed with a sash or belt.
 - Fold the fabric in half lengthwise (the fold will go across the top of your shoulders.)
 - While cutting through both layers of fabric, cut the desired length (first measurement) and then desired width (second measurement.)
 - For neck opening, measure around the largest part of your head, divide by 2 and subtract 1 inch.
 - Cut an opening along the shoulder fold equal to the length of your head measurement, using one of the variations below. Be sure that the cut is centered in the fold, an equal distance from each edge of the fabric. (Be careful when cutting the neck opening; it gets big quickly!)
 - Neck variations:
 - Cut a gentle scoop along the fold line - both sides or just in the front.
 - Cut along the fold, and then cut a "V" or a square on the front only.

- Cut along the fold, and then cut a 4-6" slit down the center of the front.

3. Sew fabric:

- Finish the neck edge with bias tape or with a rolled hem.
- To finish the side seam, measure down 11-13 inches from the shoulder fold (11 inches for smaller sizes and 13 inches for larger sizes). This will be the arm opening. Pin the right sides of the fabric together. Sew the side seam from under the arm to the hem using a $\frac{1}{2}$ inch seam. (*Option - stop 4-6 inches before the bottom of the hem on each size for side slits). Turn the tunic right side out.
- Finish the arm opening using the same method as the neck opening.

4. Hem tunic:

- Hem the tunic using one of the following methods:
 - Rolled hem.
 - Rolled hem with a zig-zag stitch in a contrasting thread color.
 - Fringe the bottom by cutting slits in the hem 1 or 2 inches apart. (You may want to sew a straight stitch just above the slits to prevent further fraying.

